

## Jose Silva's Advanced Course in Mind Control

These audio recordings are of the Advanced Course in Mind Control that Jose Silva used to present to Silva Mind Control graduates back in the 1970's.

His typical routine:

He would fly into the city on Wednesday and meet with the local Instructor and any Silva graduates that the Instructor wanted him to meet with. The Instructors would also schedule interviews for him with local newspapers, radio and television stations.

Then on Wednesday night he would conduct an Introductory Workshop that was open to all Silva Graduates at no charge. Graduates could also bring their friends, also at no charge.

Then he would continue on Thursday night and Friday night, and all day Saturday and Sunday.

The cost for the Advanced Course was \$200. It would probably be 10 times that much today, when you adjust for inflation.

He taught on that schedule, and for that price, until 1978. At that time, they divided the material into 2 seminars, which would take one weekend each. They charged \$150 for each - the Graduate Seminar, and the Ultra Seminar (not to be confused with the UltraMind ESP System, which came later).

That was a much easier schedule. He could stay in Laredo until Friday and then fly into town for the free Friday night opening session.

Jose Silva continued teaching his 2-day Ultra Seminar for the rest of his life.

In the mid-1980's he also began teaching a special 2-week course - 10 full days of instruction and practice - that he called his Ultimate Seminar.

The Ultimate Seminar included the basic Mind Control course and all of the techniques from the Graduate and Ultra Seminars.

He taught the Ultimate Seminar twice a year in English, and once a year in Spanish. The price was \$2,400 for new students, \$1,900 for Silva Mind Control graduates.

This picture is from one of those early Ultimate Seminars, held at the Holiday Inn in Laredo, on San Bernardo Avenue, across the street from the Laredo Civic Center.



These recordings were made by Marie Buckingham when she was training to become an Instructor. Mr. Silva would allow Instructors and

Instructor Trainees to record the seminars as long as they didn't get in the way and distract from the teaching, so it wasn't always possible to get the recorder into the ideal position.

The Advanced Course includes a lot of information and insights that weren't presented in later years. The information in these recordings is a treasure, and provides unique insight into his research and his thinking that is not available anywhere else.

We grouped them into playlists for each of the 3 nights and 2 full days so that you can experience it the way he presented it.

Notice how he starts the 2nd session, after the break. He is letting everyone know that the Saturday and Sunday sessions will be longer to make up for time lost on Wednesday night.

Then at the end of the evening, he admonished everyone to be on time, and advised those who had not yet registered for the full seminar to do so now and not delay things the next night.

That was typical of him. Twenty years later, when some of the people attending his 2-week Ultimate Seminar in Laredo were an hour late returning from a visit to Nuevo Laredo, Mexico, he waited for them, then he extended session until 8 p.m. instead of ending it at 7 p.m. as he had planned.

### **1. Wednesday Night Part 1:**

- 00:15:41.3 What we know about Healing
- 00:16:06.3 Touching Christ's robe
- 00:21:00.7 Faith is state of mind
- 00:22:02.2 What is a faith healer
- 00:27:44.7 Reinforcing mechanism
- 00:29:49.8 Healer on trial
- 00:32:16.7 Researched psychic surgeons
- 00:33:08.2 Healer had boy collect mosquitoes
- 00:35:08.4 Same herb solves different problems
- 00:36:33.1 Body heals itself
- 00:38:36.9 Our mission in life
- 00:40:24.3 Problem causers or problem solvers
- 00:41:17.4 We are Citizens of the Universe
- 00:44:07.1 Scientists send Astronauts to Moon
- 00:45:39.4 Servant/Centurion/Christ
- 00:48:52.4 Must be aware to solve
- 00:51:10.5 Spiritual communication is the most valuable
- 00:53:53.9 Greater ability = greater obligation

00:57:15.1 Talents Multiply  
01:02:00.5 Learn programming techniques  
01:06:13.0 Destroy monsters  
01:09:36.6 Little Toy Truck research project  
01:10:56.2 Must evaluate at alpha  
01:15:31.6 Student who is failing  
01:20:53.0 Research to find strongest dimension  
01:26:32.6 Imagine problems you can solve  
01:27:51.9 Preview of Advanced Course contents  
01:29:00.0 Intermission

## **2. Wednesday Night Part 2:**

00:01:18.0 Yogis & others  
00:09:15.8 1st frequencies in Fetus are Delta  
00:10:21.8 Delta Doorway  
00:12:53.9 Mature at 14  
00:14:29.8 Genius by age 14  
00:17:05.8 Million dollar computer brain  
00:20:40.0 Solve Problems  
00:21:55.0 What's my name?  
00:23:46.7 Prior points of reference  
00:27:43.7 How to get \$million  
00:33:27.1 Brain-damaged kids  
00:36:38.9 Will cover reincarnation, etc.  
00:39:28.4 Aura  
00:40:33.4 Psychometry  
00:43:57.2 Time correlation  
00:52:01.6 Can learn to be active at alpha...  
00:53:20.4 Then alpha function at beta  
00:59:26.2 Hypnosis - Theta  
01:05:49.0 303-404 is what MC is all about  
01:07:17.2 101-202 not needed  
01:08:36.6 Born again  
01:10:54.9 Psychic feedback - Points of Reference  
01:12:15.4 Even if you have to work 100 cases before becoming accurate,  
you found your key  
01:15:15.3 Desire is strongest tuning mechanism  
01:16:27.1 Points of reference  
01:18:17.3 Re-center ourselves at alpha

End of the opening night's presentation

### **3. Thursday Night Part 1:**

00:00:11.8 Living room, visualization  
00:00:28.3 ? Mental Projection  
00:05:22.7 Project to new place  
00:07:15.6 Practice visualization...  
00:08:12.7 Teleportation?  
00:09:32.1 Each dimension has own law  
00:11:55.5 Can we work on ourselves?  
00:13:04.5 Toy Truck  
00:14:58.1 Confirm objectively?  
00:16:37.3 No instrument detects subjective  
00:17:06.2 Subjective vs Spiritual  
00:18:11.6 Heaven and hell  
00:18:30.4 Create monsters  
00:21:58.0 Minimize what you fear  
00:22:09.7 Destroy monsters  
00:25:35.4 Can we harm?  
00:28:11.0 Hurt w/aura (mother/child)  
00:32:05.5 We are part of the Creator  
00:33:03.3 Other dimensions  
00:35:09.2 Rapport (conditioning)  
00:35:52.6 Survival mechanism  
00:46:40.8 Woman panic in darkness  
00:48:41.2 2 times reaction can trigger in conditioning  
00:50:55.9 Correcting at theta  
00:56:19.0 Avoiding abreactions  
00:58:30.6 Re: Mental problems / Fainting / Epilepsy  
01:01:22.3 Test for cooperation, etc.  
01:02:54.4 Why repetition: at all levels  
01:05:47.7 To break the spell...  
01:07:00.7 Epileptic  
01:10:00.1 Intermission

### **4. Thursday Night Part 2:**

00:04:11.9 Psychics detect nightmares  
00:06:19.4 More on rapport  
00:08:54.9 Hypnotists want trauma

00:11:16.8 The Law re: healing  
00:13:12.8 Visualization not required  
00:13:45.4 Not actually treating organs  
00:15:01.4 Brain is root of the body  
00:15:25.1 Thought transference / prayer healing  
00:16:51.9 Rapport Statement  
00:18:02.9 Program youngsters from infancy  
00:19:41.5 Mental Anesthesia  
00:21:00.2 Thumb on Forehead Technique  
00:21:48.0 Long Relax: Theta, recording  
00:22:46.6 The best programming  
00:23:54.8 Rapport statement again  
00:24:24.0 De-traumatize  
00:31:02.0 Don't need the formulas  
00:33:03.9 Can achieve goal without them  
00:34:06.1 Books about the subconscious...  
00:36:18.9 Rapport again  
00:44:58.4 Thumb on forehead technique  
00:50:56.3 Training very young children  
00:52:14.3 Which technique is best  
00:53:37.5 Youngsters  
00:58:45.6 Hypnosis: Suggestibility testing  
01:01:23.5 Most problems are at beta and alpha  
01:02:03.5 Age regression 2 types  
01:03:26.8 More hypnotic inductions  
01:08:36.7 MD's use pendulum  
01:13:39.2 Mother put child to sleep  
01:13:55.7 Child learns when relaxed  
01:14:53.9 Subliminal programming  
01:15:21.4 Program at alpha first, then at beta  
01:23:20.9 Intermission

### **5. Thursday Night Part 3:**

00:00:40.1 Medical hypnosis  
00:02:17.0 Hand Levitation  
00:05:32.0 Learn Silva Mind Control on your own  
00:11:22.1 How to help student  
00:13:03.2 1 hour changed his life  
00:17:16.0 Higher intelligence

00:20:19.5 Centurion  
00:25:00.1 Center of Galaxy  
00:29:30.0 Laboratory  
00:30:00.9 Kidney failure  
00:31:30.8 1st time we used it  
00:32:14.1 Man in coma - died  
00:33:38.6 We are extensions of Higher Intelligence  
00:33:56.1 We are the fingers  
00:37:15.2 If beyond repair...  
00:38:41.6 Apply this in other areas  
00:39:06.9 Always triggered within 72 hours  
00:40:19.2 End of Thursday night session

## **6. Friday Night Part 1:**

00:00:33.3 Yesterday re: about yogis, etc. entering level  
00:04:31.5 What to do at level  
00:05:51.0 Mind has little correlation with frequencies  
00:07:57.5 10 cycles per second Holistic Faith Healing  
00:19:55.9 Mind knows what to do  
00:22:09.1 Prior systems  
00:23:27.4 Holistic Faith Healing belief  
00:24:57.5 Types of trances  
00:26:29.7 Define hypnosis  
00:29:33.7 We are problem solvers  
00:30:23.2 Greater after Silva Mind Control  
00:37:44.2 Instructor's job is...  
00:37:56.6 Program loved ones to help them  
00:38:53.2 Confusion, expectation techniques  
00:39:43.4 Biofrequency multiplication of 10cps  
00:42:12.5 Alpha with eyes open  
00:43:11.5 Reinforcement  
00:45:47.7 Animal: Falling sensation...  
00:49:00.0 Toy senses table edge  
00:50:28.1 High intelligence uses this concept  
00:50:56.4 We feed back info to the creator  
00:53:13.2 Trigger survival mechanism  
00:56:28.6 Solve problems now so won't hurt later  
00:58:33.2 Faith healers use survival mechanism  
00:59:10.8 Animal hypnosis

01:00:13.4 Humans have more than animals  
01:01:06.1 Entering alpha/theta is like age regression  
01:05:16.1 Any life threat triggers survival mechanism  
01:09:53.0 Hypnotic induction  
01:11:16.4 Value of alpha  
01:13:01.7 Misconceptions about hypnosis  
01:17:42.0 Take a break time

## **7. Friday Night Part 2:**

00:00:44.9 Student detects info from instructor  
00:02:29.1 Must be real  
00:03:31.9 Dr. North East West  
00:09:19.7 Amarillo  
00:12:21.5 JB Rhine?  
00:19:55.2 Priest who couldn't walk  
00:23:51.8 Work with natural laws  
00:25:37.9 Programming healing  
00:26:09.1 Secret healing - don't brag  
00:27:59.5 Example of programming session  
00:28:26.9 Reinforcement  
00:29:21.2 Research help needed  
00:29:42.4 UT Med School - migraines  
00:32:42.2 Dr. McKenzie  
00:40:21.3 Reinforcement  
00:44:33.6 Re: Yoga  
00:46:31.5 Which is best? All of them  
00:47:35.8 Help people solve own problems  
00:49:24.2 Correct 10% @alpha, 10% @theta  
00:50:06.2 20% can enter deepest level...  
00:51:22.6 @beta, individuals, @alpha, connected  
00:52:50.5 Different brain regions, different frequencies  
00:57:01.8 Truth solves problems  
00:57:57.2 Wrong values  
00:59:25.4 Program person before they wake up  
00:59:53.2 Best Time to Program technique  
01:01:24.2 What makes a good operator  
01:03:56.8 Results count  
01:06:58.6 Ideal subject  
01:07:47.3 Age is a factor

01:09:50.4 Maintain alpha automatically  
01:10:58.6 How much training needed?  
01:12:20.2 Imagination and visualization  
01:13:26.8 Type of work a person does  
01:14:51.8 Prophetic authors  
01:15:21.2 Time to break again

### **8. Friday Night Part 3:**

00:00:15.9 Conditioning loved ones  
00:01:59.1 Mother is best programmer  
00:03:52.6 Rabbit experiment  
00:06:25.8 Mother has the right to program  
00:07:11.4 Mothers project into future  
00:07:33.5 You get there first  
00:10:38.8 Overcome child's rejection  
00:11:25.9 Overcome child's rejection (continued)  
00:13:08.6 Program for harmony  
00:14:28.3 Conditioned response technique  
00:15:54.5 Project beyond limits of physics  
00:17:59.1 Points of Reference Differ, but everybody is correct  
00:18:54.0 Professor proving projection to metals  
00:20:28.5 Detect imperfections in cello bow  
00:21:57.3 Establish strong foundation 1st  
00:22:29.6 Points of reference with difficult items  
00:23:23.6 Practice in easiest dimension  
00:23:45.4 Magic 50 Health Cases  
00:24:43.4 Defocused vision  
00:25:35.8 Desire takes you to level  
00:27:01.0 Dr. Rizil  
00:29:10.3 More on conditioned response  
00:30:34.3 Many playbacks of beta at alpha  
00:31:25.2 Stepping stones into the beyond  
00:32:09.0 Now we can influence anything  
00:32:19.8 Alter inanimate matter  
00:33:17.7 Cleve Backster  
00:35:45.4 Adjourn

### **9. Saturday Morning Part 1:**

00:01:27.9 Do we ever get wrong answer?

00:04:56.9 Citizens of planet - or Universe  
00:07:28.5 Centering with biofeedback  
00:11:01.4 Mind is a faculty  
00:13:06.9 Centered = function from center of brain  
00:14:37.6 Power to heal?  
00:15:26.8 At alpha we are all one  
00:16:31.6 Do to others what you can do for yourself  
00:16:57.5 Body is extension of brain  
00:17:27.5 Hi intelligence uses this system  
00:18:30.9 Our job on planet earth  
00:20:18.5 Questions  
00:23:40.5 Cycles of life  
00:28:00.6 Grow new organs?  
00:29:45.9 What can we create?  
00:31:02.1 Can we create life?  
00:31:43.6 Hypnotic induction systems  
00:31:52.1 Eye fixation  
00:36:11.7 Hypnodisk  
00:37:35.5 Rub hypnodial area  
00:38:35.6 To hypnotize a doctor  
00:40:38.9 Chinese Pressure Points  
00:40:58.4 Other techniques  
00:42:01.1 Modified shock  
00:44:26.9 Confusion  
00:46:01.7 Intentional mistakes  
00:47:11.1 Handshake for Re-entry  
00:48:27.8 Mental Exercises  
00:48:57.6 Testing for depth  
00:49:53.8 Hands on Shoulders  
00:52:33.6 Inexperienced operator  
00:53:51.7 Accumulate cond time via recording  
00:57:40.6 Indirect/disguised technique  
01:00:24.8 Hypno-sleep - bed wetting  
01:01:12.0 Mother programs child  
01:03:07.0 Delta Doorway  
01:03:38.9 Repetition of dimensions - top of chart  
01:07:15.3 Instruments help  
01:07:41.5 Hypnodisk on turntable  
01:08:03.0 Brain wave synchronizer

01:09:32.8 Soviet research  
01:10:18.8 Working on metronome device  
01:10:59.2 Positive Hallucination  
01:13:01.8 Re: Juan in Mexico City  
01:15:13.5 Delta deprivation  
01:16:57.4 Sleep and Dream research  
01:18:20.4 Sleep learning techniques  
01:22:01.8 Re: Energy, recuperate, how fast  
01:22:34.7 Draw energy from psy dimension  
01:25:35.4 With all our heart, soul, mind  
01:26:32.1 We are the connection between dimensions  
01:26:39.2 Phase shift  
01:28:48.6 Casework: To insure left/right are correct...  
01:32:49.0 Researching 10 cycles per second for healing  
01:37:28.8 How our lab is equipped  
01:37:47.1 Big rubber mallet  
01:38:18.0 Mesmer  
01:38:34.5 Esdale: Anesthetize for surgery  
01:40:46.4 Psychic surgery  
01:41:49.1 Lets take a break

## **10. Saturday Morning Part 2:**

00:00:29.2 Progress in field of hypnosis  
00:04:01.0 When subj doesn't want to come out  
00:09:37.6 Depth needed for subjective communication  
00:10:15.4 Communication with the Creator  
00:10:51.8 Can project to Theta from here  
00:11:15.8 Best to program yourself  
00:11:45.1 Reentry - Induction  
00:15:35.6 Accidental reentry  
00:17:21.4 Medical hypnosis in US  
00:18:24.5 Program that nobody else can hypnotize them  
00:25:01.2 Laws of Suggestion  
00:31:40.2 Imagination is more powerful than willpower  
00:33:30.6 Are we contaminating the project  
00:33:56.5 Law of Reverse Effect  
00:35:11.2 Law of Suggestion  
00:36:32.5 Master salesmen  
00:36:56.7 Sold milking machine...

00:37:31.3 We go beyond hypnosis  
00:38:22.0 Subjective communication  
00:38:29.8 Hi intelligence uses remote control...  
00:38:56.8 What is hi intelligence  
00:41:24.1 Correlate hypnotic depth  
00:42:36.6 Program theta from neighboring alpha  
00:43:41.9 Cause of psychosomatic problems  
00:44:34.6 Fear triggers biological response  
00:45:54.4 Normalize all organs, not just one  
00:49:01.2 Basic Plane Level  
00:49:20.2 Theta programming needs reinforcement  
00:50:12.7 Subjective communication is our goal  
00:50:42.7 Hypnosis and Mind Control compared  
00:51:32.5 Error that other scientists make  
00:55:16.9 It is not about what level you are at, but what you do  
00:58:11.8 Learn, then forget frequencies: What can you do?  
00:59:14.0 Where is the intelligence that causes heartbeat in egg?  
01:01:01.1 This could be what psychology was seeking  
01:02:00.2 How can you read while at alpha?  
01:03:05.8 Stages of Development  
01:03:19.0 Alpha Awareness at beta  
01:04:25.8 Shorten education by going direct to mind  
01:06:01.4 Soviet modulated carrier  
01:07:13.6 Kripner: Dream telepathy  
01:12:11.7 Ritual to Eyes Open to just Knowing  
01:13:25.7 Brain always active, not always synchronized  
01:15:03.0 Program: Negative Thoughts No Influence  
01:16:09.8 Brain is root of body  
01:17:47.4 Know what you want out of life  
01:18:13.6 Will break at 2 pm  
01:18:31.2 Go 20 more minutes  
01:19:09.4 Desire  
01:19:58.7 Juan the Inventor  
01:21:18.9 Correct Juan's health problem  
01:22:43.3 Program Juan to desire to invent...  
01:26:46.0 Amarillo: Master Painter  
01:32:29.9 Imitate who you want to be like  
01:36:29.5 Confusion technique  
01:36:51.5 Doctor claimed hypnosis, never solves problems

01:42:24.5 Let's take for Lunch

### **11. Saturday Afternoon Part 1:**

00:00:29.8 Deepening techniques

00:03:07.4 For stronger programming...

00:03:17.3 To alpha 30 times/min

00:04:12.9 Pos/neg terminology

00:05:25.0 With training you can stay at alpha 98% of time

00:05:47.7 Desire to solve problem reinforces alpha

00:07:27.0 Smoking lose 50% of alpha: Barbara Brown

00:07:38.4 Strong alpha good for learning

00:08:30.1 Want to learn: Psychic, enhance IQ, problem solving

00:08:56.4 Success measured by problem solving ability

00:09:29.1 Why you must practice

00:10:28.3 Takes more than alpha to be successful

00:10:43.0 It's what you do and learn to do

00:12:18.8 Count up/down

00:12:37.2 Positive words in conditioning cycle

00:13:17.5 "Carrier" for "deeper"

00:15:00.2 Special Cycle continued

00:15:12.1 Arm Drop

00:16:02.6 Compounding techniques deepens

00:16:58.7 Post Effects

00:20:20.2 Thought conception is creation

00:23:50.5 How do you know effect is taking

00:25:18.7 Deeper each time you enter level

00:26:30.6 Subj now has greater awareness

00:27:01.1 Need reward mechanism to break habit

00:28:34.1 Psychological and biological dependency

00:28:56.6 He is cause of his problem

00:29:55.6 Need his co-op to break habit

00:30:21.8 Make project to see how to get him to desire

00:33:07.4 to stop smoking...

00:39:38.8 Rapid coma co2

00:40:42.4 Biofeedback training

00:42:25.8 Trance state... not

00:44:16.0 Can open eyes, remain at theta

00:46:40.9 Amnesia depth test

00:51:19.1 Hallucination

00:51:51.4 Positive hallucination  
00:53:39.1 Positive hallucination  
00:54:25.0 End of Session  
The rest of Saturday afternoon was for practice

## **12. Sunday Morning Part 1:**

00:00:24.8 Cancer Patient  
00:03:32.8 Doctor's nephew, last stage of cancer  
00:06:38.0 Lectured for MD's  
00:09:03.0 Healing Juan  
00:11:17.5 Demonstration: Project fruit to students  
00:13:16.6 Magic tricks  
00:14:05.3 You can project anything  
00:15:16.2 Standard Story  
00:16:24.5 How long to program  
00:18:13.9 Creating desire in Juan  
00:20:04.7 Repeater effect  
00:20:43.4 How Hi Intelligence controls us  
00:21:10.8 If doctor is with patient, I Program him like I am there  
00:21:50.8 Automatic reinforcement  
00:22:43.2 Don't tell the patient  
00:26:22.9 UFO's?  
00:29:25.6 Juan Inventor  
00:30:34.6 Use all Holistic Faith Healing techniques  
00:37:13.0 Dr. Chang  
00:44:14.6 Hypnotic levels  
00:50:10.5 Group Hypnosis  
00:51:26.0 Time correlation at alpha  
00:55:41.2 Educating children  
00:56:38.7 Accelerate education  
00:57:27.1 Before conception  
01:00:58.4 Let's take a short break

## **13. Sunday Morning Part 2:**

00:00:25.6 Alpha for Education  
00:07:18.8 Alpha in Sports  
00:10:36.5 Alpha in Criminology  
00:11:57.8 Texas murder mystery  
00:19:11.6 Correlation Method

00:21:02.2 Missing Pilot in Vietnam  
00:22:44.4 Offered research to government  
00:25:45.2 Train all government leaders to use ESP  
00:29:06.7 Kids protected in Vietnam  
00:32:45.2 Natural vs Trained Psychics  
00:35:39.6 Mexican Lottery predictions  
00:40:12.5 Precognitive research NASA  
00:40:38.9 Project with Astronauts Grissom and Young  
00:42:27.0 Mind Control in Business  
00:43:58.7 Christ healed individuals  
00:45:03.0 How many problems can you work at once?  
00:45:35.2 Mind Control in Business continued  
00:47:58.2 Stage Hypnotists  
00:49:35.7 Alpha for religious purposes?  
00:57:45.4 Showdown w/Church officials  
01:04:23.2 Age Regression Project  
01:05:17.0 End of this session

#### **14. Sunday Afternoon Part 1:**

00:00:15.4 Differences between Silva and hypnosis  
00:03:10.9 Age Regression  
00:05:58.7 Other benefits of regression  
00:06:48.4 Relieve headache  
00:08:36.6 Future lifetimes  
00:15:11.0 Skeptical Priest  
00:21:10.1 Between lives  
00:26:26.1 Senility  
00:27:38.2 Imagination is good for brain neurons  
00:29:54.5 Reincarnation  
00:38:28.8 Psychic birth control?  
00:39:05.6 Our responsibility  
00:41:47.8 What is Love?  
00:43:41.3 Hypnoanalysis  
00:47:01.5 Reincarnation  
00:49:35.7 Dr. Banargee  
01:02:41.5 Transmigration of souls  
01:06:52.3 Possession  
01:08:49.0 Phenomena?  
01:16:10.3 Traumas in pre-natal regression

01:24:15.9 Information is here now  
01:27:29.2 Regression is the most valuable thing in Hypnoanalysis  
01:28:11.1 Church bells trigger fainting  
01:32:22.0 We must go to lunch now  
01:32:26.0 Isabel French recipe

## **15. Sunday Afternoon Part 2:**

00:00:11.2 Cigarette addiction  
00:02:26.3 Self-Age Regression  
00:04:16.9 Do Not Prescribe  
00:06:54.7 MD's using Silva  
00:10:46.2 Dr. knew child didn't have cancer  
00:13:54.2 Danger in approaching AMA  
00:15:04.2 Continue self-age regression  
00:17:30.5 Traumatic memory?  
00:21:19.7 Polarity changes from one level to another  
00:27:56.0 Delta straddles 2 dimensions  
00:30:35.9 Spiritual world ahead of physics  
00:37:11.1 To sleep... to delta doorway  
00:37:35.2 Back to the future where we came from  
00:38:50.2 Past Present Future  
00:43:24.5 Nothing blocks psychic information  
00:49:15.2 Discuss MC404  
00:49:42.8 Lao Tsu  
00:51:31.3 Jose Silva influenced before he could detect  
00:54:34.0 The first counselor  
00:56:14.1 Whatever you fear, point to it  
01:02:46.7 More females than males in class  
01:07:36.1 Who/what are the counselors?  
01:10:25.2 Whoever helps humanity is a saint  
01:11:44.9 Imagination is a true means of communication  
01:12:09.4 Woman who touched Christ's garment  
01:16:35.1 No "feeling" associated with alpha  
01:19:35.5 Shorten the rituals  
01:21:12.2 You gain when you do the work  
01:21:30.3 Welcome/closing prayers  
01:22:29.7 Reinforcing mechanisms  
01:23:24.8 Miracle water  
01:26:40.9 Visualization not needed in order to detect problems

01:28:26.6 We only notice the abnormal

01:31:28.5 How to improve visualization

01:33:21.4 Sensitive, seer, clairvoyant

01:35:50.2 Review: Psychics can be sensitive, seer, clairvoyant

The rest of the day was used for practice

© Copyright 1969-2022 by Jose Silva and Avlis Productions Inc.

For more information visit [SilvaESP.com](http://SilvaESP.com)